

THE HEALTH OF AUTISTIC COLLEGE STUDENTS COMPARED TO THEIR NEUROTYPICAL PEERS

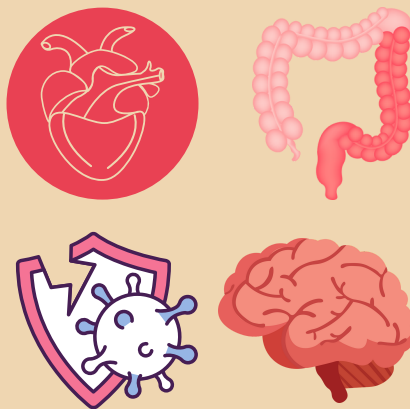


Autism alone raises the risk of poor physical and mental health in college students.

Students on the spectrum are...

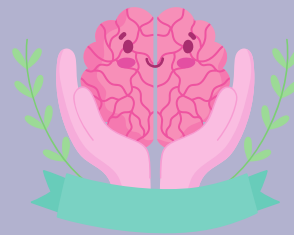
PHYSICAL HEALTH

1.81x
more likely to
report worse
physical health
compared
neurotypical
students.



MENTAL HEALTH

2.21x
more likely to report
worse mental health
compared
neurotypical
students.



DEPRESSION

1.16x
more likely to
report depression
compared
neurotypical
students.



ANXIETY

0.89x
more likely to
report anxiety
compared
neurotypical
students.



SLEEP DEPRIVATION

0.36x
less likely to report
sleep deprivation
compared
neurotypical
students.



BINGE DRINKING

0.65x
less likely to report
binge drinking
compared
neurotypical
students.

